



**KESGRAVE
TOWN COUNCIL**

KESGRAVE YOUTH CLUB

APRIL 2024 REPORT

SOMEWHERE SAFE SOMETHING POSITIVE SOMEONE TRUSTED

OUR PRIMARY AIMS

- ▶ To improve young people's knowledge and expand their links to networks and channels of support, leading to improved health and wellbeing, not only for themselves but also their peers and their communities.
- ▶ To provide a safe space to engage with young people by having a planned activity each week, designed with young people to meet their needs and interests.
- ▶ To encourage fun and enable young people to learn and develop new skills through informal education.
- ▶ To work holistically with young people to help them to develop their personal, social and educational skills, confidence, self-esteem and voice.
- ▶ Young people have a safe and secure environment to be young people without the social pressures and expectations placed on them in their normal day-to-day lives.
- ▶ We provide young people with support they may not be receiving elsewhere.
- ▶ We give the young people the free space to be creative and manage their own ideas, as well as having structured session plans.



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KEY INFORMATION

93 different YP have attended Youth Club in the past year

- Males: 40
- Females: 53

The Youth Club is for 10–14-year-olds.

There is a good mix of ages that attend regularly.

Weekly attendance on average is between 12-18 YP.

This tends to increase over the spring/summer months.

Each month an overall theme is decided, which is taken from a termly plan, which has had YP's input. This then informs weekly sessions, including both planned activities, designed with young people to meet their needs and interests, as well as giving YP free space to be creative.

Young people come mainly from the catchment areas of local primary and high schools, but some do come from other schools.



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WHAT'S GOING WELL?

All of this...

We are seeing young people from a range of cultural and ethnic backgrounds.

Young people say they really like the safe space the hall and outside area offers.

Following promoting the Youth Club in Kesgrave High School, via assemblies, talking with YP during school lunch breaks in the playground, and via our Detached work, numbers have increased, especially in March/April 2024.

Young people are building improved and new strong and healthy relationships with each other and staff.

4YP are building positive/trusting relationships with YP, parents and the local community (schools in particular).

Young people have a say in the way sessions are developed/run.



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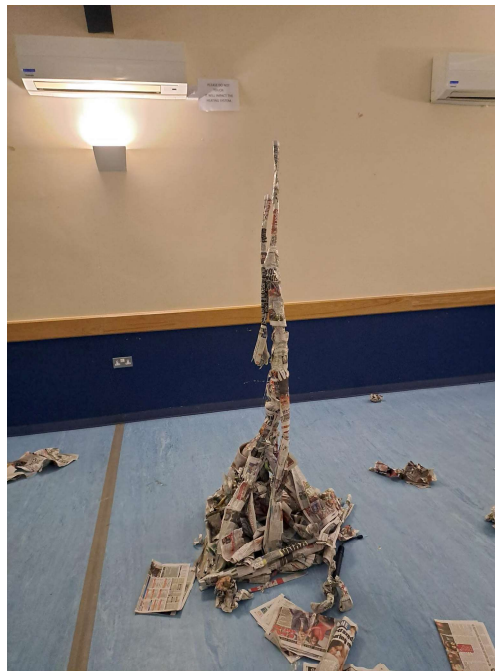
OUTCOMES... SO FAR

- ▶ Improved understanding of cultural and social differences.
- ▶ Reduced stigma and stereotyping of mental health, and improvements in their own wellbeing, as well as being aware of support services.
- ▶ Young people feel excited to attend, expressing youth club is a safe place.
- ▶ Improved peer to peer relationships between age ranges, with YP making new friends.
- ▶ Young people feel safe to express their thoughts and feelings.
- ▶ Young people feel they have a voice in the way youth club operates.
- ▶ Improved life skills such as: cooking, listening, teamwork, creativity and using their own initiative. This has led to young people using these skills in their daily life at home, school and in the community.
- ▶ Positive feedback from parents, advising that their child enjoys coming to youth club and has adopted learning received into their daily routine.
- ▶ YP have learnt to respect others.
- ▶ Improved self-confidence.
- ▶ YP have become more responsible, together with identified YP to train to be young leaders for the club
- ▶ YP have learned how to keep safe online

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PICTURES



NEXT STEPS

- ▶ Planned training covering Neurodiversity, ADHD and Autism to be delivered to support staff, as a high number of YP attending the youth club now appear to have additional behaviour and learning needs.
- ▶ Look at ways to connect the TV and projector screen, so that YP can use this to play games. Look into purchasing a second-hand Wii, Xbox or PlayStation.
- ▶ Look into securing free Wi-Fi, so that YP can use the tv or projector screen to play YouTube clips and sing/dance to, and create, TikTok videos.
- ▶ Organise to go into Year 7-11 Kesgrave High School regularly - via assemblies to promote the youth club as well as inform YP that we will be in the local area on Fridays doing Detached work, together with going into the Year 6 classes in local primary schools to promote, as well as attend Kesgrave High School at lunchtimes to meet with YP in the playground.
- ▶ Schedule more external agencies to come in during 2024 to speak to YP, especially Police and Fire Service.
- ▶ Redesign youth club flyer, with the help of YP.
- ▶ YP to produce a TikTok video to promote the youth club.
- ▶ Weekly social media shout-outs to promote the club and to advise what the theme is each week.

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FOLLOW US ONLINE

Website: 4yp.org.uk

Instagram: [@4youngpeople](https://www.instagram.com/4youngpeople)

Facebook: [@4youngpeople](https://www.facebook.com/4youngpeople)

LinkedIn (company page): [@4-yp](https://www.linkedin.com/company/4-yp)

X (formerly Twitter): [@4 yp](https://twitter.com/4yp) + [@4YPceo](https://twitter.com/4YPceo)





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