

**KESGRAVE
TOWN COUNCIL**

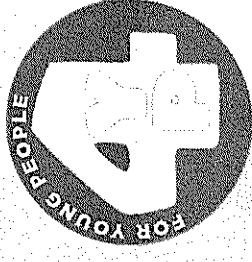
KESGRAVE YOUTH CLUB

APRIL 2024 REPORT

SOMEWHERE SAFE SOMETHING POSITIVE SOMEONE TRUSTED

OUR PRIMARY AIMS

- ▶ To improve young people's knowledge and expand their links to networks and channels of support, leading to improved health and wellbeing, not only for themselves but also their peers and their communities.
- ▶ To provide a safe space to engage with young people by having a planned activity each week, designed with young people to meet their needs and interests.
- ▶ To encourage fun and enable young people to learn and develop new skills through informal education.
- ▶ To work holistically with young people to help them to develop their personal, social and educational skills, confidence, self-esteem and voice.
- ▶ Young people have a safe and secure environment to be young people without the social pressures and expectations placed on them in their normal day-to-day lives.
- ▶ We provide young people with support they may not be receiving elsewhere.
- ▶ We give the young people the free space to be creative and manage their own ideas, as well as having structured session plans.



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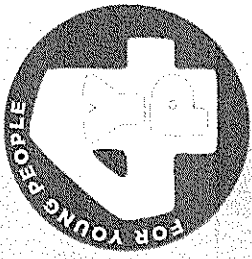
KEY INFORMATION

As a school nurse, you have a special role to play in helping children and young people to stay safe and healthy. You are a key member of the school's health care team and you will be working closely with the school staff, parents and the community to help children and young people to stay safe and healthy.

It is your job to make sure that children and young people are safe and healthy. This means that you will be working with the school staff, parents and the community to help children and young people to stay safe and healthy. You will also be working with the school staff, parents and the community to help children and young people to stay safe and healthy.

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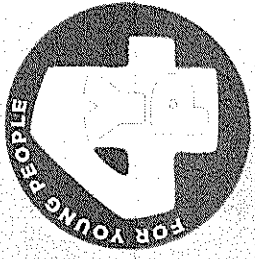
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WHAT'S GOING WELL?

All of this!

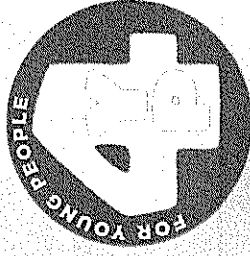
- The fact that young people in our country are confident and secure in their own skin
- The fact that young people are taking responsibility for their own health and well-being
- The fact that young people are taking control of their own lives and making choices that are in their best interests
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OUTCOMES... SO FAR

- ▶ Improved understanding of cultural and social differences.
- ▶ Reduced stigma and stereotyping of mental health, and improvements in their own wellbeing, as well as being aware of support services.
- ▶ Young people feel excited to attend, expressing youth club is a safe place.
- ▶ Improved peer to peer relationships between age ranges, with YP making new friends.
- ▶ Young people feel safe to express their thoughts and feelings.
- ▶ Young people feel they have a voice in the way youth club operates.
- ▶ Improved life skills such as: cooking, listening, teamwork, creativity and using their own initiative. This has led to young people using these skills in their daily life at home, school and in the community.
- ▶ Positive feedback from parents, advising that their child enjoys coming to youth club and has adopted learning received into their daily routine.
- ▶ YP have learnt to respect others.
- ▶ Improved self-confidence.
- ▶ YP have become more responsible, together with identified YP to train to be young leaders for the club
- ▶ YP have learned how to keep safe online



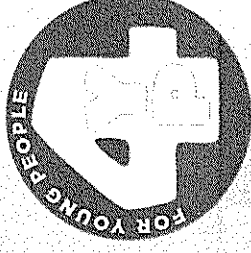
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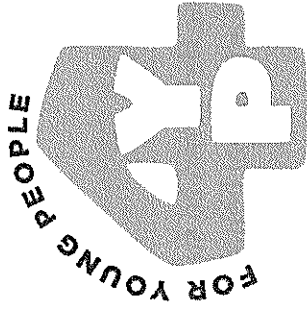
PICTURES



NEXT STEPS

- ▶ Planned training covering Neurodiversity, ADHD and Autism to be delivered to support staff, as a high number of YP attending the youth club now appear to have additional behaviour and learning needs.
- ▶ Look at ways to connect the TV and projector screen, so that YP can use this to play games. Look into purchasing a second-hand Wii, Xbox or PlayStation.
- ▶ Look into securing free Wi-Fi, so that YP can use the tv or projector screen to play YouTube clips and sing/dance to, and create, TikTok videos.
- ▶ Organise to go into Year 7-11 Kesgrave High School regularly - via assemblies to promote the youth club as well as inform YP that we will be in the local area on Fridays doing Detached work, together with going into the Year 6 classes in local primary schools to promote, as well as attend Kesgrave High School at lunchtimes to meet with YP in the playground.
- ▶ Schedule more external agencies to come in during 2024 to speak to YP, especially Police and Fire Service.
- ▶ Redesign youth club flyer, with the help of YP.
- ▶ YP to produce a TikTok video to promote the youth club.
- ▶ Weekly social media shout-outs to promote the club and to advise what the theme is each week.





FOLLOW US ONLINE

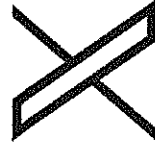
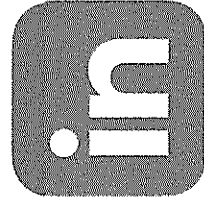
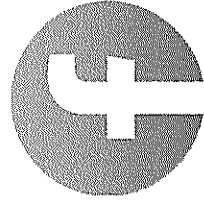
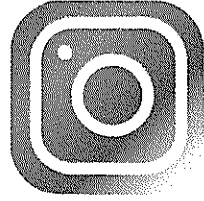
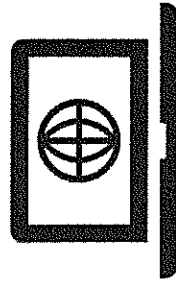
Website: 4yp.org.uk

Instagram: [@4youngpeople](https://www.instagram.com/4youngpeople)

Facebook: [@4youngpeople](https://www.facebook.com/4youngpeople)

LinkedIn (company page): [@4-yp](https://www.linkedin.com/company/4-yp)

X (formerly Twitter): [@4yp](https://twitter.com/4yp) + [@4YPceo](https://twitter.com/4YPceo)



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